**Joe Mountaineer**

(304) 555-5555 | professionalemail@gmail.com | [View Home Address Guidelines](https://careerservices.wvu.edu/files/d/327ce199-8c12-4611-8170-1135c5f03669/resume-checklist.pdf)

**EDUCATION**

**West Virginia University,** Morgantown, WV Expected: May XXXX

Bachelor of Science, **Human Nutrition and Foods**

Minor, Family and Consumer Sciences

GPA: 3.9

**EXPERIENCE**

**The SHACK Neighborhood House Family Fitness and Nutrition Program,** Morgantown, WV August XXXX-Present

Collaborator

* Plan and implement the Penn State University Family Fitness Nutrition Education program for school-aged children and their families in an after-school care setting
* Assist with the instruction of Family Fitness’ age-appropriate lesson plans and fitness activities focused on nutrition, diet, and exercise
* Provide support to WVU nutrition assistant professor and work closely alongside fellow co-director to achieve a 100 percent program success rate of full child participation and demonstration of understanding nutritional concepts, while utilizing set program budget

**West Virginia University Adolescent Development Lab,** Morgantown, WV August XXXX-November XXXX

Team Member

* Chosen to work on a research team that specializes in adolescent civic duty and cognitive/psychosocial development within the family
* Collaborated successfully with team to analyze survey data from hundreds of students from WV, MN, and CA. Initiated research project concerning adolescent use of electronics before bed
* Presented research at West Virginia Capitol Building, Marshall University, and at the Eastern Psychological Association Conference in Boston

**West Virginia University Introduction to Nutrition,** Morgantown, WV August XXXX

Teaching Assistant

* Prepared instructional materials for a class of 200, proctored exams and evaluated assignments
* Held office hours for students to view exams and ask any class related questions

**LEADERSHIP**

**West Virginia University Residence Life,** Morgantown, WV August XXXX-Present

Resident Assistant

* Provide scholastic and life skills advising to 28 freshman women
* Resolve issues regarding diversity, conduct and academic performance
* Develop and present education focused community builders and programs
* Responsible for enforcing residence hall policies and procedures

**WELLWVU**, Morgantown, WV January XXXX-May XXXX

Peer Mentor

* Assisted incoming freshman to understand nutrition and how to live a healthier lifestyle
* Educated students on healthy foods to eat and developed meal plans within their budget

**SKILLS**

Computer: Microsoft Office, Nutritionist Pro, Crossroads, and Epic (electronic medical records)

Language: Spanish (conversational)