

Joe Mountaineer

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EDUCATION

West Virginia University, Morgantown, WV
Bachelor of Science, **Human Nutrition and Foods**
Minor, Family and Consumer Sciences
GPA: 3.9

Expected: May XXXX

EXPERIENCE

The SHACK Neighborhood House Family Fitness and Nutrition Program, Morgantown, WV August XXXX-Present
Collaborator

- Plan and implement the Penn State University Family Fitness Nutrition Education program for school-aged children and their families in an after-school care setting
- Assist with the instruction of Family Fitness' age-appropriate lesson plans and fitness activities focused on nutrition, diet, and exercise
- Provide support to WVU nutrition assistant professor and work closely alongside fellow co-director to achieve a 100 percent program success rate of full child participation and demonstration of understanding nutritional concepts, while utilizing set program budget

West Virginia University Adolescent Development Lab, Morgantown, WV August XXXX-November XXXX
Team Member

- Chosen to work on a research team that specializes in adolescent civic duty and cognitive/psychosocial development within the family
- Collaborated successfully with team to analyze survey data from hundreds of students from WV, MN, and CA. Initiated research project concerning adolescent use of electronics before bed
- Presented research at West Virginia Capitol Building, Marshall University, and at the Eastern Psychological Association Conference in Boston

West Virginia University Introduction to Nutrition, Morgantown, WV August XXXX
Teaching Assistant

- Prepared instructional materials for a class of 200, proctored exams and evaluated assignments
- Held office hours for students to view exams and ask any class related questions

LEADERSHIP

West Virginia University Residence Life, Morgantown, WV August XXXX-Present
Resident Assistant

- Provide scholastic and life skills advising to 28 freshman women
- Resolve issues regarding diversity, conduct and academic performance
- Develop and present education focused community builders and programs
- Responsible for enforcing residence hall policies and procedures

WELLWVU, Morgantown, WV January XXXX-May XXXX
Peer Mentor

- Assisted incoming freshman to understand nutrition and how to live a healthier lifestyle
- Educated students on healthy foods to eat and developed meal plans within their budget

SKILLS

Computer: Microsoft Office, Nutritionist Pro, Crossroads, and Epic (electronic medical records)

Language: Spanish (conversational)